

Name: Colton Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: Week 4 August 21-25
School Year: 2023		Subject: Sports medicine and rehabilitation 2	
Monday	Notes: 21	<p>Objective: Identify signs and symptoms of cardiac emergencies and how to provide care 2. Recognize when CPR is needed and demonstrate CPR skill 3. Demonstrate how to perform two-person CPR</p> <p>Objectives 1. Review how defibrillation works 2. Identify the general steps in using an AED 3. Understand and appreciate the precautions when using an AED 4. Practice using an AED in conjunction with CPR</p> <p>Lesson Overview: L 6 Cardiac Emergencies L 7 AED</p>	Academic Sports Med Standards: 5.1 5.4
	Notes: 22	<p>Objective: 1. Identify the various components of the Emergency Action Plan. 2. Develop an Emergency Action Plan for a facility.</p> <p>Objectives 1. Review common types of wounds. 2. Explain general steps of wound care. 3. Demonstrate wound care technique. 4. Identify and understand the importance of referring certain wounds.</p> <p>Objectives</p> <p>Lesson Overview: L 8 Emergency Action Plan L 9 Wound Care</p>	Academic Sports Med Standards: 4.1 4.2 4.3 5.7
Tuesday			

Wednesday	Notes: 23	<p>Objective: Review and demonstrate taking a victim's vital signs. Understand the purpose of taking a SAMPLE. Create and practice documenting SAMPLE for an emergency situation. Explain the various types of splinting techniques and the rationale behind splinting a body part. Demonstrate and apply splints to various body parts to immobilize musculoskeletal injuries</p> <p>Lesson Overview:</p> <p>L 11 Splinting L 10 Vital signs</p>	Academic Sports Med Standards: 5.8 5.1
Thursday	Notes: 24	<p>Objective: Identify situations in which a victim may need to be placed on a spine board. Review proper mechanics and technique and demonstrate proper steps in placing a victim on a spine board.</p> <p>Lesson Overview:</p> <p>L 12 Spine Boarding</p>	Academic Sports Med Standards: 5.8 5.9 5.10
Friday	Notes: 25	<p>Objective: Review emergency procedures including assessing vital signs, taking a SAMPLE, splinting and providing neck/back injury care Demonstrate response to an emergency situation practicing advanced first aid skills</p> <p>Lesson Overview: L 13 Scenarios</p>	Academic Sports Med Standards: 5.1 5.8 5.9 5.10